

# ECO-ADVENTURE GUIDE

TOUR PREP | MAP & DIRECTIONS



## ZIP LINE CANOPY TOUR



Traverse cables high above an ever-babbling mountain stream and spend time among centuries-old hemlocks, mature sugar maples and paper birches on Vermont's first "World-Class" zip line canopy tour.

Designed to educate, entertain and inspire, the Zip Line Canopy Tour consists of a series of 8 interconnected zip lines through dense mountain forest, 2 suspension bridges, and 2 rappels. Navigating in small groups, each tour is accompanied by two guides familiar with the local ecology and natural history, who are prepared to deliver an unforgettable experience.

The Zip Line Canopy Tour is the pinnacle of the ArborTrek brand and has been designed to accommodate participants aged 8 and older of moderate to good mobility who are in moderate to good health. While designed for the leisure traveler, it will thrill even the most experienced adventure seeker.



## TREETOP OBSTACLE COURSE



Come prepared to climb, swing, balance, jump, zip, and dash through the forest on our Treetop Obstacle Course. Designed for those who like to get physical, the Treetop Obstacle Course blends beautiful views with a variety of elements ranging from easy to extremely challenging, including wobbly bridges, balance beams, rope swings, cargo nets, log swings, and more.

Following thorough instruction at our ground school, participants may select from five different courses. Supervised and encouraged from below by ArborTrek staff, participants move through the course connected to a flexible lifeline system that uses SmartBelay technology.

The course is designed for participants of good mobility and health. A condensed version of the course called "ArborTrek Junior" is available to youth who stand less than 54 inches and those adults accompanying them.



### FOR MORE INFORMATION

(802) 644-9300 office | [www.arbortrek.com](http://www.arbortrek.com) | [reservations@arbortrek.com](mailto:reservations@arbortrek.com)  
1239 Edwards Road, Jeffersonville, VT 05464 | GPS: 44.597832, -72.800817



SMUGGLERS' NOTCH  
V·E·R·M·O·N·T

America's Family Resort™

## CLIMBING ADVENTURE



Test your daring and prowess scaling an artificial rock wall, a series of vertical challenge obstacles, or, for a more unique feat, attempt to summit one of the Notch's stately sugar maples or eastern hemlocks. A variety of routes ranging from easy to challenging are available. The Climbing Adventure can be a stand-alone conquest or incorporated with our Treetop Obstacle Course, Adventure-based Team Building Programs, or Zip Line Canopy Tour. Great package rates are available when added to the Treetop Obstacle Course or Zip Line Canopy Tour.

## PARTICIPANT REQUIREMENTS & PROGRAM RESTRICTIONS

The adventure challenge programs at ArborTrek are designed for participants in moderate to good health with average to good mobility. Due to the physical nature of the activity some restrictions and requirements apply:

### ALL PROGRAM REQUIREMENTS

- **All participants must agree to and sign a participant agreement. Participants under the age of 18 must have a signed agreement by a parent or legal, court-assigned guardian.**
- All of our courses incorporate short nature walks at various inclines on unpaved trails, which participants must be able to complete.
- Participants must be able to understand and comply with instructions in English or bring their own translator.
- **Sturdy, closed-toe shoes are required.**

### ZIP LINE CANOPY TOUR

The Zip Line Canopy Tour is the least physically demanding of our adventure challenge programs, but it is also the most remote. For most of the program, participants are elevated high in the forest canopy above a mountain stream, some distance from the ArborTrek Welcome Center and Resort Village.

- **Weight:** 70 – 250 lbs. (< 5'4", max weight is 220 lbs.; < 5'0" max weight is 180 lbs.); Must fit properly into the harness and other protective equipment.
- **Minimum Height:** 48 inches or by Manager approval
- **Age Requirements:** Must be at least 8 years old;
- **Ground School:** Prior to embarking on the course proper, participants must demonstrate the ability to: observe and respond to guide signals, control their speed by applying downward pressure with a gloved-hand to a steel cable, maintain proper zip-lining posture, and to pull themselves along a short length of cable.
- **Independence:** Participants must be able to perform tour activities independent of an aid or parent.

### TREETOP OBSTACLE COURSE & CLIMBING ADVENTURE

The Treetop Obstacle Course and Climbing Adventures require participants to step, balance, jump, swing, and pull themselves up or along elements. Participants engaging in these activities should be prepared for a physical challenge.

- **Weight:** 40-275 lbs.; must fit properly into the harness and other protective equipment.
- **Minimum Height:** 54 inches standing with both feet flat on the ground; Participants that do not stand 54 inches in height may participate in the ArbroTrek Junior and Climbing Adventure Areas Only.
- **Ground school:** Prior to embarking on the course proper, participants must demonstrate the dexterity to transfer their SmartBelay lanyard, connect and disconnect their zip line trolley, cross a series of elements observing course procedures, and respond to guide signals and commands.

### YOU CANNOT PARTICIPATE IF YOU:

- Are under the influence of alcohol, illegal drugs or legal drugs that impair you in any way
- Are pregnant or think you might be pregnant (*treetop obstacle course, climbing, and canopy tour only*)
- Have recent or reoccurring neck, back, or musculo-skeletal injuries (*treetop obstacle course, climbing, canopy tour only*)
- Have epilepsy or seizure disorders that do not permit you to drive (*treetop obstacle course and canopy tour only*)
- Suffer from a heart condition that may require immediate medical attention (*treetop obstacle course, canopy tour only*)

### SUPERVISION OF MINORS

All Minors must be supervised by a Responsible Adult who remains on property during the program. A "Minor" means any person who has not yet reached the age of 18 years of age. A "Responsible adult" means the parent, legal-court appointed guardian, or an adult who has the permission of the parent or legal, court-appointed guardian to supervise the minor (e.g.

school personnel, camp counselors, grandparents, etc.). Parties which cannot meet the supervision requirements are encouraged to contact our office. Private guides may be rented to assist meeting requirements for supervision.

### TREETOP OBSTACLE COURSE / ARBORTREK JUNIOR

- Ages 12 years and under must be accompanied on the course by a Responsible Adult. One (1) Responsible Adult can accompany two (2) children ages 12 years and under OR one (1) child age 4-7 years AND must remain within one element at all times
- Ages 13-17 years who meet the height and other rider requirements and who can act independently may use the course without a Responsible Adult participating, but the Responsible Adult must remain on property at all times.
- Any Minor who is less than 54 inches in height OR cannot manage their own transfers must be accompanied on a one-to-one basis by a participating Responsible Adult who meets all rider requirements; the pair is limited to the ArborTrek Junior course area and Climbing Adventure.

### CLIMBING ADVENTURE

- Minors must be supervised by a Responsible Adult. One Responsible Adult may supervise up to 24 Minors

### ZIP LINE CANOPY TOUR

- Ages 12 years and under must be accompanied by a participating Responsible Adult; one (1) Responsible Adult can supervise up to eight (8) minors.
- Ages 13-17 years and older who meet all rider requirements may participate without direct supervision of a Responsible Adult, but a Responsible Adult must be present on-site or immediately available for the duration of the program

## WHAT TO WEAR

Guests should come dressed for the weather and be prepared to be outside in the elements for the duration of their program. We recommend wearing several layers as conditions on the courses can change during the span of the program. **Consideration should be given to the type of program: in general, the canopy tour and team building are passive activities; the treetop obstacle course and climbing are highly active.**

**Warm Weather (60°F/15°C or above):** Pants or longer shorts, long- or short-sleeved shirt or wind jacket, sturdy, closed-toe shoes or light hiking boots, rain gear, and/or sunscreen.

**Cool Weather (32°F/0°C to 60°F/15°C):** Long underwear, turtleneck or long-sleeved shirt; sweatshirt, sweater or fleece

jacket; long pants, light-weight jacket, athletic shoes or light hiking boots, light fleece or wool gloves, and rain gear.

**Cold Weather (32°F/0°C and below):** All cool weather gear plus a pair of insulated, waterproof boots, winter-weight jacket, ski pants, neck warmer, fleece or wool hat, ski goggles or wrap

### CLOTHING NOTES

- For best comfort with the harnesses, we recommend long pants or longer shorts. Shirts should be long enough to tuck into pants to prevent the harness from rubbing on skin.
- Guests with long hair should bring a hair tie or clip to pull their hair back.
- Sunglasses or ski goggles are recommended during cold weather and on days where rain or snow is predicted. We recommend that all glasses be secured with a retainer strap.
- Dress prepared for periods of inactivity.
- **Guests must wear sturdy, closed-toe shoes or boots. Sandals, flip flops, slip-ons, barefoot running shoes, and Crocs are NOT acceptable and guests without proper footwear will be turned away without refund.** Some locations offer shoes for rent, but it is highly recommended that each participant bring their own.
- ArborTrek cannot be responsible for lost or stolen goods. Please leave all valuables including jewelry at home.

## WHAT TO BRING

- An adventurous spirit!
- Cameras and video cameras with retaining straps are welcome. Due to the difficulty of retrieving dropped objects from below the courses, we do not recommend bringing cameras that lack secure retaining straps.
- All sunscreen and bug repellent must be applied prior to the start of the tour and may not be re-applied once the harnesses and equipment have been put on.
- Necessary medications. Our courses traverse areas with limited access where medical help could be some time away. Please bring with you all medication that might be immediately necessary to prevent onset of a more serious condition such as asthma inhalers, nitroglycerine pills, EpiPens, insulin, etc.
- Food, water, and snacks for before or after the program. Picnic tables and lawn games are available at the Welcome Center during warmer months. You are welcome to hang out, enjoy the views, and watch others as they prepare for the Zip Line Canopy Tour or make their way through the Treetop Obstacle Course.
- Money to purchase ArborTrek gear and to tip your guides. 8-10% is the customary gratuity.

## WHAT NOT TO BRING

- Cell phones are permitted on course, however, we respectfully request that you place your phone on airplane mode to prevent interruptions that could impact the wilderness experience others are seeking. ArborTrek cannot be responsible for dropped or damaged cell phones. All cell phones are brought at the owner's risk.
- Pets. No accommodations will be made for pets on the tour or at the ArborTrek Welcome Center. Please leave pets at home. The only exception to this policy is for trained leader dogs or animals. If you require the assistance of a leader dog or animal, we request you provide us advanced notice.
- Smoking and chewing tobacco, alcohol, or drugs are not allowed on the tour or on the grounds.
- Food and chewing gum are not allowed on the courses.

## NO-SHOW POLICY

Participants with reserved bookings who fail to show for their reserved time and provide no prior notice of cancellation are liable for the entire fee. This policy applies to all participants, whether their tickets were paid for individually or as a part of a group. No-shows or late arrivals are not eligible for refund, credit, gift certificate, rescheduling or any other reimbursement.

## LATE ARRIVAL

Please arrive with adequate time before your scheduled departure to use restrooms and complete the ArborTrek Fall Creek Falls Participant Agreement. We recommend allowing 15-30 minutes. Those who arrive late, will lose the chance to participate without refund, reimbursement, gift certificate or rescheduling. If vacancies are available later in the day, the operator, at its sole discretion, will attempt to reschedule you for a later launch. Such attempts shall not adversely impact staffing or other customers, or require the operator to forfeit other unsold inventory. Full or partial refunds will not be provided to those who fail to arrive on time.

If you are delayed, please call us at (802) 644-9300 and let us know of your delay. Without an early notification, schedules often cannot be adjusted or delayed.

## BAD WEATHER POLICY

We operate rain or shine. Rarely must programs be cancelled due to inclement weather. During periods of electrical storms, heavy icing, or high winds, we will first delay the program start and only cancel as a last option. In the event

that we must cancel a program, we will provide you the option to reschedule or receive a full refund. If you have questions about the weather, please call. We will only call if we know the program you are scheduled on will definitely need to be cancelled or rescheduled.

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**Note:** Some of the most memorable tours come during or after storms. Coming prepared helps ensure a positive experience in any weather.

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## CANCELLATION POLICY

When you purchase tickets or make a reservation, you are arranging for a program that requires us to reserve course space and equipment and to hire and train guides and support staff. When you cancel or reschedule, we often incur the same costs and may have turned other people away.

**Individuals and groups of less than 16:** Cancellation requests made more than 72 hours before the scheduled departure will result in rescheduling of booking, a gift certificate, or refund less 20% booking fee. No refunds are available with less than 72 hours notice.

**Groups of 16 or more:** Cancellation requests made more than seven (7) days before the scheduled departure will result in rescheduling of booking (within 365 days), a group credit, or refund less 20% booking fee. No refunds or date changes are available with less than seven (7) days notice. Final group counts are due no later than seven (7) days in advance of the program date. Groups will be charged for the greater of the confirmed count or the number of participants who participate on the day of the program. Credits or refunds are not available for no-shows.

Cancellation and rescheduling requests must be made by calling our offices between 9am and 6pm. You are responsible for confirming contact.




# ECO-ADVENTURE GUIDE

## MAP & DIRECTIONS



**Site Address:**  
ArborTrek Canopy Adventures  
1239 Edwards Road  
Jeffersonville, VT 05464

 *The historic Smugglers' Notch Pass on Hwy 108 between Stowe and ArborTrek is closed from Mid-October to Mid-May for passenger vehicles and closed year round to motor coaches, motorhomes, and commercial vehicles.*

**From Burlington:** Follow Route 15 East to Jeffersonville. Turn right on Route 108S at Jeffersonville. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

**From I-89/Stowe/Waterbury (Summer):** Take Exit 10 (I-89) in Waterbury, VT. Follow Route 100N to Stowe. In Stowe, turn left on Route 108N/Mountain Rd. through Smugglers' Notch pass to Edwards Road on the right, about 4.5 miles from the top of the pass. Drive 0.3 miles on Edwards Road and turn right into ArborTrek

**From I-89/Stowe/Waterbury (Winter):** Take Exit 10 (I-89) in Waterbury, VT. Follow Route 100N through Stowe to Morrisville. In Morrisville, pick up Route 15W through Johnson to Jeffersonville. In Jeffersonville, turn left on Route 108 South. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

**From St. Albans:** From I-89 and St. Albans State Hwy, head south on VT-104 S/Fairfax Rd. for 18 miles. Turn left on Route 15E for 3.0 miles. Turn right onto Church St. at Jeffersonville. Keep right on Route 108 South. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

**From Smugglers' Notch Village:** Turn right on Route 108S and drive for 0.6 miles. Turn right on Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

TO  
JEFFERSONVILLE  
AND VT ROUTE 15

